

GSN
Short Essay
Nov 16, 2007

TOPIC: MY MOST MEMORABLE ANESTHETIC EXPERIENCE

My most memorable anesthetic experience was in 2005 about a 46 yrs old male. This patient was brought with the history of snake bit about three hours ago before he was brought to the hospital. His brother admitted of him being highly intoxicated with alcohol before the episode. He also admitted of the following: vomiting and passing watery stool about 4 times after the snake bit.

Emergency Assessment

This patient was unconscious in respiratory distress. In less than 5 minutes, the patient went to cardiac arrest.

1.

CNS - unconscious
Head - size normal
Eyes - normal but sunken
Nose - normal

- * Malampati – 3 finger breath with normal mouth
- Teeth – intact
- Tongue – normal size (not large)
- Uvula – clearly see for intubation
- * Thyromental distance – about 6cm
- Neck – freely mobile with no enlargement of jugular vein

2.

CVS – P 80 b/m
 BP – 60/20 mmHg
 R – 58 cycle/min

GI – Observed patient passing watery stool

* abd – Soft and flat with nothing abnormal detected

GUT = normal

Ext – swelling of the right lower leg with multiple wound

Skin – poor skin turgor

Classification: ASA – 3

Management

CPR immediately done in 5 minutes followed by crashed endotracheal intubation and suctioning. The patient was taken to the pre and post anesthesia room, where he was ventilated for about 68 hrs. At this time, he gained consciousness and control over his respiration. He was extubated and taken to the medical and surgical ward for further

management. After 8 days, he was discharged home. No anesthesia drug was given IV fluid (R/L and D5W) was used.

CONCLUSION

This experience is one of the most memorable experiences I have ever had in my practices.